

Northern Karate Markham

2018 Class Schedule ~ effective July 4th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:30 - 1:30 Adult All Belts		12:30 - 1:30 Adult All Belts		12:30 - 1:30 Adult All Belts	9:00 - 10:00 Adult All Belts
3:40 - 4:10 Kids Novice	3:40 - 4:20 Junior Masters	3:40 - 4:20 Kids BBM	3:40 - 4:10 Kids Novice	3:40 - 4:20 Junior Masters	9:00 - 10:00 Youth & Adult Black Belt
4:10 - 4:50 Junior Masters	4:20 - 5:00 Kids BBM	4:20 - 4:50 Kids Novice	4:10 - 4:50 Junior Masters	4:20 - 5:00 Kids BBM	10:00 - 10:40 Kids BBM
4:50 - 5:30 Kids BBM	5:00 - 5:30 Kids Novice	4:50 - 5:30 Junior Masters	4:50 - 5:30 Kids BBM	5:00 - 5:30 Kids Novice	10:40 - 11:10 Kids Novice
5:30 - 6:00 Kids Novice	5:30 - 6:10 Junior Masters	5:30 - 6:10 Kids BBM	5:30 - 6:10 Junior Masters	5:30 - 6:10 Kids BBM	11:10 - 11:50 Junior Masters
6:10 - 6:50 Kids BBM	5:30 - 6:10 Youth Black Belt	6:10 - 6:40 Kids Novice	5:30 - 6:10 Youth Black Belt	6:10 - 6:50 Junior Masters	11:10 - 12:00 Black Belts (18 & Under) NEW
6:50 - 7:30 Junior Masters	5:30 - 6:10 Black Belt Prep	6:50 - 7:30 Junior Masters	5:30 - 6:10 Black Belt Prep	6:10 - 7:00 Youth Black Belt	11:50 - 12:30 Kids BBM
6:50 - 7:30 Youth Black Belt	6:10 - 6:40 Kids Novice	6:50 - 7:30 Youth Black Belt	6:10 - 6:50 Kids BBM	7:00 - 8:00 Black Belt Prep	12:30 - 1:00 Kids Novice
7:30 - 8:10 Family Class	6:50 - 7:30 Kids BBM	7:30 - 8:10 Family Class	6:50 - 7:20 Kids Novice	7:00 - 7:45 Adult Novice	1:00 - 2:00 Black Belt Prep
NEW 7:30 - 8:15 Adult Novice	NEW 7:30 - 8:30 Adult Nidan & Higher	NEW 7:30 - 8:15 Adult Novice	NEW 7:30 - 8:30 Adult Nidan & Higher	NEW 7:00 - 8:00 Adult BBM & Pre-Masters	
NEW 7:30 - 8:30 Adult BBM & Pre-Masters	NEW 8:30 - 9:15 Adult Novice	NEW 7:30 - 8:30 Adult BBM & Pre-Masters	NEW 8:30 - 9:15 Adult Novice	NEW 7:00 - 8:15 Adult Shodan & Higher	
NEW 7:30 - 8:45 Adult Shodan & Higher	NEW 8:30 - 9:30 Adult BBM	NEW 7:30 - 8:45 Adult Shodan & Higher	NEW 8:30 - 9:30 Adult BBM		
	NEW 8:30 - 9:30 Adult BB Prep		NEW 8:30 - 9:30 Adult BB Prep		
	NEW 8:30 - 9:30 Adult Shodan		NEW 8:30 - 9:30 Adult Shodan		

DOJO ETIQUETTE

- Arrive 5-10 minutes before your class starts.
- Students, parents and guests **MUST** place their shoes in the cubbies provided.
- Refrain from excessive noise in the viewing area. This is very disruptive to the class and our students.
- Keep all areas of the dojo (including changerooms and bathrooms) tidy. Report any issues to the office or a staff member.
- Keep **all children off the gym equipment** - for everyone's safety.
- **Be courteous while parking.** If you are having problems finding a spot, just ask us and we can give you some parking options.
- Parents are responsible for their children outside of their class times. Please be prompt in picking them up after class. We do not have the means of minding them outside of class time.
- Students must bow before entering and leaving the dojo floor.
- BBM and Masters students are responsible for bringing their equipment (sparring gear, weapons) to each class.
- All students must **come to class dressed in the proper uniform**, and must present a clean appearance (no rips or mis-matched clothing).
- Students looking for extra help can always ask a teacher at the end of class.

STUDENT CREED

I promise,
To become,
The best possible person I can be.

With honesty in my heart,
Confidence in my mind,
And strength in my body.

I will achieve excellence,
And share it with others.

What is your goal?
Black Belt Excellence

What is your quest?
Personal Best

You can look up the schedule and monthly calendar
any time by visiting www.northernkarate.com

- Select **"Schedule"** at the top of the main page
 - Look for **NKS Markham**



BELT GRADUATION TIMES

(First Tuesday of each Month)

5:30 ~ graduating to the following belts:
Yellow
Advanced Yellow

6:15 ~ graduating to the following belts:
Orange
Advanced Orange
Green
Advanced Green
Blue
Advanced Blue

7:00 ~ graduating to the following belts:
Purple
Advanced Purple
Brown
Advanced Brown

7:30 ~ Adults graduating to:
ALL Adult Belt Levels

