

Northern Karate School – Aurora

905-726-8886

15420 Bayview Ave., Aurora ON

aurora@northernkarate.com

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Christma Our annual Holi families are en	4 CHUM as Toy Drive iday Toy Drive. al couraged to dona ed toy for kids in r	ite a	OPEN PRACTICE Dec 27 and Jan 3 5-6pm 12 & under 6-7pm teens & Adults 7-8 pm Spar-a-fun		Masters: Random Self Defense
	3	4	5	6	7	8
	Stance	rip Self Defense	e V	Vee	Sparring	Bo Basics Masters: Bo vs Bo
ı	10	11	12	13	14	15
	Pad Pounding Monday	Flow Drill Tuesday	Point Sparring	Wall Defense	Team Kata Challenge	Super Kicks w/ Sensei Silas
ľ	17	,18	19	20	21	22
	Glow Stick BUDO BLISS® w/ Sensei Victoria	Team Sparring	Last Grading of 2018 Regular classes cancelled	Ground Defense	Festive Sweater Day Adult JU NEN KAI	Last Class of 2018

Happy, Healthy and Peaceful Holidays to all of you from your NKS family!!!

For the Month of December Parents Train for Free (Adult classes and Family class only)

Dec 23-Jan 6 Dojo will be closed for the Holidays & Dojo Maintenance Classes resumes Jan. 7

Northern Karate Schools Aurora Northern Karate Aurora





Everyone is invited to come watch Northern Karate Schools

BLACK BELT GRADUATION 2018

December 9,2018, 2pm York University Tait McKenzie Gym

Congratulations to our new

SANDAN 3rd degree Black Belts

Sensei Lauren Paonessa Sensei Nadia Trozzo John Paonessa

NIDAN 2nd Degree Black Belt

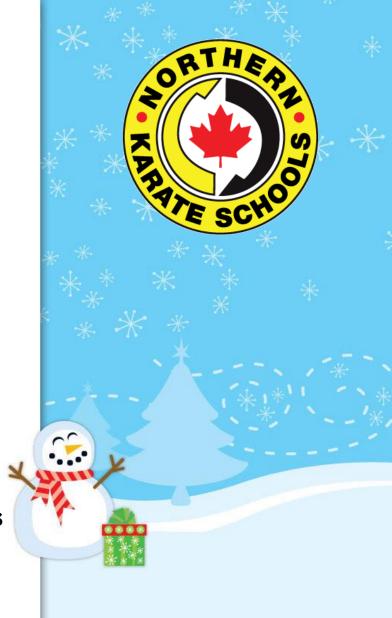
Emily Atangan Ethan Atangan Kyle Cheah Matteo Trozzo Kaida Cheah Jessica Bradley Arman Mahdavi

SHODAN-HO Provisionary 1st Degree Black Belts

Mehrshad Agha-Miri Arvin Askari Sahand Kohan Rhea Manek Rishit Mehley Helen Shlensky Dorsa Vanaki Tiam Vanaki Kayla Vesik Michael Yozov

Black Belt Special Training & Certificate Presentation

All Black belts & guests are invited to join us for A celebration of Black Belt Spirit & Commitment December 21 at 7:45pm -9:00pm



You are never too old to set another goal or to dream a new dream.

--- C.S. LEWIS