



	MON	TUE	WED	THU	FRI	SAT
						1 MASTERS MATAYOSHI SAI AND TONFA
Stripe Week Novice and Jr. Masters	3 SANTA SPARRING	4 BELT TESTING * NO REGULAR CLASSED *	5 SORE CORE!!! @ 6:50 AND 7:30	6 JUMP KICKS	7 STUDENT CHOICE: KATA, SPARRING SELF-DEFENCE	8 HOLLY, JOLLY, JUMPKICKS
Stripe Week BBM Students	10 FROSTY KOBUDO	11 5 GOLDEN HEIAN KATAS	12 WEAR A FESTIVE HAT TO CLASS!	13 STUDENTS A'LEAPING	14 HO, HO, HOLDS AND TAKE-DOWNS	15 BOOTCAMP @ 9:00
	17 NUNCHAKU TRAINING	18 REINDEER GAMES	19 SIX SENSEIS SPARRING	20 PARENTS HOLD THE PADS	21 GAME DAY	22 IN-CLASS GRADING (SEE POSTED TIMES)
	24/31 DOJO CLOSED FOR CHRISTMAS BREAK	25 DOJO CLOSED FOR CHRISTMAS BREAK	26 DOJO CLOSED FOR CHRISTMAS BREAK	27 DOJO CLOSED FOR CHRISTMAS BREAK	28 DOJO CLOSED FOR CHRISTMAS BREAK	29 DOJO CLOSED FOR CHRISTMAS BREAK



Monthly Notes: December

- ✦ The **BlackBelt Graduation** takes place on **Sunday, December 9th** at **York University** beginning at **2pm**. All NKS students and families are welcome to attend and support our NKS Markham graduates! Information/maps are available in the office.
- ✦ There **will not** be any Yoga in December due to the shorter month.
- ✦ The dojo will be **closed for our 2-week Christmas Break starting on Monday, December 24th**. We will re-open on our regular class schedule on **Monday, January 7th**. From our NKS family to yours, have a wonderful holiday filled with love, family and plenty of good food! We promise to help you burn it off in the New Year!!

