



January 2019



Northern Karate Schools -Steeles Dojo



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DON'T FORGET! JANUARY + FEBRUARY ARE FRIENDS AND FAMILY MONTHS. BRING SOMEONE IN AND TAKE ADVANTAGE OF THIS GREAT PROMOTION!						BACK TO KARATE, BACK TO BASICS!
		DOJO CLOSED DOJO CLOSED DOJO CLOSED				
STRIKING THAI PAD SUNDAY 			Kata Curriculum	Curriculum Self Defense		
NOVICE / BBM STRIPE WEEK		NOVICE / BBM STRIPE WEEK				
TONFA ACCURACY 		Kata Curriculum	Curriculum Self Defense	BLACK BELT AWARDS NIGHT!		SPARRING
PRE-MAST / MAST STRIPE WEEK		PRE-MAST / MAST STRIPE WEEK			RIPE WEEK	
Curriculum Self Defense	KILLER KICKSHIELDS 	SPECIAL GUEST SHIHAN JOE SERVELLO!		LEARNING THE DIFFERENT CHOKES 	24 FOR NIJUSHIHO	DON'T THINK, REACT!
						GRADING ALL CLASSES CANCELLED
TEAM KATA 	SPARRING 	Children: Stick Defense Adults: Knife Defense	KARATE STATIONS		Special Guest Instructor: Shihan Joe Servello on Tues. Jan 22nd!	

REMINDERS

DOJO CLOSED:

Tues. Jan 1st
To
Fri. Jan 4th

Regular Classes
Resume

Sat. Jan 5th

SPARRING DAYS:

Sat. Jan 19th
Mon. Jan 28th

All Gear is Mandatory

Colour Belt Grading

Sat. Jan 26th

Children: 10:30am
Adults: 12:00pm

No Classes Due to
Grading