

Northern Karate Schools - Ajax
(www.northernkarate.com)
338 Rossland Rd. East (905) 683-0777
Calendar of Events for *JANUARY 2019*



Family/Friends 2019

Family'n Friends



January & February are Family and Friends' months at Northern Karate Schools.

Share the gift of martial arts and your referral will receive...

- ▶ 10% off tuition
- ▶ karate uniform FREE
- ▶ PLUS a special gift for both you and your friend/family member, FREE!!!



Daruma doll is a hollow, round, [Japanese traditional doll](#) modeled after [Bodhidharma](#), the founder of the [Zen](#) tradition of [Buddhism](#). It has a design that is rich in symbolism and is regarded as a talisman of perseverance and good luck, making it a popular gift of encouragement. The doll is used in the setting of goals.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Start where you are. Use what you have. Do what you can. Arthur Ashe		1	Dojo Re-Opens 2	3	4	Saturday Sai 5	
C L O S E D	6	7	8	9	10	11	12
13	14	15	16	17	18	19	
STRIPE WEEK							
20	Block vs. Strike With Sensei Anthony	22	23	24	25	26	
27	Special Guest Kyoshi La Selva 28	29	30	Ground Control & Submissions 31	Fullfill Your New Year's Resolution! Get Fit & Have Fun! Challenge Yourself!		