

Northern Karate Schools - Ajax
 (www.northernkarate.com)
 338 Rossland Rd. East (905) 683-0777
 Calendar of Events for **FEBRUARY 2019**



Family/Friends 2019

Family'n Friends



January & February are Family and Friends' months at Northern Karate Schools.

Share the gift of martial arts and your referral will receive...

- ▶ 10% off tuition
- ▶ karate uniform FREE
- ▶ PLUS a special gift for both you and your friend/family member, FREE!!!

Upcoming Events...

Camp Black Belt®
March Break
March 11th - 15th
Limited Space
Enroll Early

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 KEEP CALM AND KIAI	"The will to succeed is important, but what's more important is the will to prepare." ...Bobby Knight			 Kids Be The Sensei Day	 Sparring	
C	STRIPE WEEK					9
10	 Kata Stamina	Break Falls 	 Short Weapons	 Happy Valentine's Day	 Sparring	16
17	 FAMILY DAY Sorry We're CLOSED	 Heavy Bag Workout	SELF DEFENSE Opposite Side	 Japanese Terminology	 Bo Workshop	23
24	Special Guest Shihan Bruce Toupin	 Grading Prep. Night	GRADING NIGHT 	 Super Hero Sparring Wear Your Super Hero T-Shirt	 Shihan George Back on Monday Nights Starting Feb. 4, 2019	

CLOSED