


January 2019

"The difference between winning and losing is most often not quitting." – Walt Disney

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1 HAPPY NEW YEAR!	2	School closed until January 8th!			
7	8 Back to Basics	9 Kata, kata, kata	10 Self-Defense	11	12 Kata	13
14	STRIPE WEEK...STRIPE WEEK...STRIPE WEEK...					
21	22 Pad Power	23 Weapons Wednesday	24 Kumite (sparring) ★	25	26 Teamwork (Drills and Competition)	27
28	29 Kumite (sparring) ★	30 Kata Review/Preview	31 BELT GRADUATION:  Special Schedule	<div data-bbox="1228 1208 2079 1409" data-label="Text"> <p>Parents! 2019 is the time to finally begin your own martial journey! For the month of January, sign up for a 1 month FREE karate trial including uniform! Challenge yourself, get fit, create a stronger bond with your child in our family class! Ask how!</p> </div>		



4:30-5:15: Childrens Yelow-Blue Adv Belts

5:45-6:30: Children Purple-Brown Adv Belts

Adults: 7:00-8:00

*Graduation Schedule