

NORTHERN KARATE SCHOOL-AURORA

April

15420 Bayview Ave., Aurora

aurora@northernkarate.com

905-726-8886

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 APRIL's fool Mystery training	2 Masters: Bokken	3 Sparring Combos 	4 Bo and Oar	5 Budo Bliss ® Adults 7:45pm Guests Welcome	6 Kids: Breakfalls
Stripe Week					
8 Kicks	9 Stances/blocks	10 Weapons	11 Self-defense	12 Pound the pad Friday	13 Sparring Drills 
15 Upper Body Holds & Strikes	16 Masters: Short Weapons	17 Stamina Sparring Rounds 	18 Partner Drills	19 20 Dojo closed for Holy Friday - Easter Sunday	
22 Focus Pad Bring your parents to train	23 Masters: Seated Defense	24 Grading Night Regular Classes Cancelled	25 Tournament Prep Sparring 	26 Tournament Prep Kata	27 Closed for Tournament
29 Kicking Drills Leg Conditioning	30 Stick and Knife defense	APRIL 27 FRIENDSHIP TOURNAMENT Join us for a Fun Day of Friendship and Competition. Register online, practice and come have fun! The tournament will be held at Northern Karate Markham dojo.			

"We must accept finite disappointment, but never lose infinite hope." ---Martin Luther King, Jr.

Join us for the Ultimate Summer Camp

CAMP BLACK BELT®

Focusing on developing your Child/rens Body and Mind and Spirit . Improve your child's fitness level, strength while learning video game design, robotics, and VR/Green screens.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STEM MINDS video game design	ULTIMATE TRAMPOLINE	STEM MINDS robotics	STEM MINDS VR/Green screens	SWIMMING

Take advantage of your membership Discount Register before June 1st.

July 8-12

July 22-26

August 12-16

August 26-30

Fun - Friendship - Fitness - Learning - Life Skills

REGISTRATION
ONGOING