


June 2019

"It is not the answer that enlightens, but the question." -Decouvertes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Pad POWER!	2
3	4	5	6	7	8	9
PREP WEEK: BASICS, KATA and SELF-DEFENSE						
10	11	12	13	14	15	16
STRIPE WEEK...STRIPE WEEK...STRIPE WEEK...						
17	18 KUMITE (SPARRING)	19 WEAPONS WEDNESDAY	20 Clean kicks	21	22 KUMITE (SPARRING)	23
24	25 SUMME BOARD BREAKING	26 KATA PREVIEW/ REVIEW	27 BELT GRADUATION  Special Schedule	28	29 SCHOOL CLOSED	30



***Graduation Schedule**
 4:30-5:15: Childrens White-Blue Belts 5:45-6:30: Children Blue Adv-Brown Adv Belts Adults:7:00-8:00