

# June 2019




Northern Karate Schools Maple

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## NEWS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 STRIPE WEEK PREP
2 KATA REVIEW	3	4	5	6 MASTERS: BO	7	8
STRIPE WEEK                      STRIPE WEEK                      STRIPE WEEK						
9 KARATE STATIONS <small>BLACK BELT GRADUATION @ YORK</small>	10 KICKING COMBOS & JAPANESE TERMINOLOGY	11  SPARRING COMBOS	12 KATA APPLICATION (BUNKAI)	13 SELF DEFENSE REVIEW	14 BREAKFALLS & TAKEDOWNS	15 CIRCUIT TRAINING
16 HAPPY FATHER'S DAY HAND PAD DRILLS	17 FLOW DRILLS & STICK	18 SELF DEFENSE STANDING & GROUND	19  SPARRING MOVEMENT	20 KATA BUNKAI & TIMING	21 POWER PADS	22 DISTANCE & TIMING DRILLS
23 MULTIPLE OPPONENT DRILLS	24  SPARRING COUNTERS	25 THROWS & TAKEDOWNS	26 REVIEW DAY 1	27 REVIEW DAY 2	28 COLOUR BELT EXAM <small>ALL REGULAR CLASSES CANCELLED</small>	29 LEARN A NEW KATA
30 DOJO CLOSED	1 DOJO CLOSED CANADA DAY	2 SUMMER SCHEDULE IN EFFECT		<b>Summer Camp registration . Register before its Sold Out!</b>		

**JUNE 9TH**  
BLACK BELT GRADUATION  
@YORK UNIVERSITY  
2PM - 4:30PM  
  
COME CHEER ON OUR NEWEST BLACK BELTS

**JUNE 16TH**  
MAY & JUNE PROMOTION  
PARENTS CAN TRAIN FOR 1 MONTH FREE!  
  
LAST DAY TO REGISTER

**JUNE 28TH**  
COLOUR BELT EXAM  
ALL REGULAR CLASSES ARE CANCELLED  
  
WHITE - ORANGE 5PM  
GREEN - BROWN 6PM  
ALL ADULTS - 7:15PM

**HAPPY CANADA DAY**  
THE DOJO WILL BE CLOSED ON  
SUNDAY JUNE 30TH & MONDAY JULY 1ST