

# Northern Karate Schools

11160 Yonge Street Richmond Hill, ON L4S 1H5 905.508.5811

Effective: January 4th, 2020




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Adult All Belts 12:30 - 1:15	<b>Remember</b> FIRST TUESDAY EACH MONTH: <i>Cardio Combat:</i> 7:30pm - 8:45pm <i>wear gym attire</i>	Adult All Belts 12:30 - 1:15	<b>Remember</b> LAST THURSDAY OF EACH MONTH GRADING DAY ALL REGULAR CLASSES CANCELLED	Adult All Belts 12:30 - 1:15
BBM & Masters 12:30 - 1:45		BBM & Masters 12:30 - 1:45		BBM & Masters 12:30 - 1:45

SATURDAY	SUNDAY
Junior Novice 9:00 - 9:30	Junior BBM Yellow & Orange 9:00 - 9:40
Junior Novice 9:30 - 10:00	Junior BBM Yellow & Orange 9:40 - 10:20
Junior BBM Yellow & Orange 10:00 - 10:40	Junior BBM Green & Up 10:20 - 11:00
Junior BBM Green & Up 10:40 - 11:20	Junior Pre-Masters 10:20-11:00
Junior Masters Brown/AdvBrown 11:20 - 12:10	Junior BBM Green & Up 11:00 - 11:40
Jr Black Belts Masters Dojo 12:10 - 12:50	Junior Pre-Masters 11:00-11:40
Junior BBM Yellow & Orange 12:10 - 12:50	Junior Novice 11:40 - 12:10
Junior BBM Green & Up 12:50 - 1:30	Junior Novice 12:10 - 12:40
Junior Pre-Masters 12:50 - 1:30	Junior Masters 12:40 - 1:30


Junior Novice 4:00 - 4:30	Junior BBM Yellow & Orange 3:55 - 4:30	Junior BBM Yellow & Orange 4:00 - 4:40	Junior BBM Green & Up 4:00 - 4:40	Jr. Masters Jr. Pre-Masters Weapons Wrkshp 4:00 - 4:30
Junior Masters 4:30 - 5:20	Junior BBM Green & Up 4:30 - 5:05	Junior Pre-Masters 4:00 - 4:40	Junior Novice 4:40 - 5:10	Junior BBM Green & Up 4:30 - 5:05
Junior BBM Green & Up 5:20 - 6:00	Junior Pre-Masters 4:30 - 5:05	Junior Novice 4:40 - 5:10	Junior BBM Yellow & Orange 5:10 - 5:50	Junior BBM Yellow & Orange 5:05 - 5:40
Junior Novice 6:00 - 6:30	Junior Novice 5:05 - 5:35	Junior Masters 5:10 - 6:00	Junior BBM Green & Up 5:50 - 6:30	Junior Masters 5:40 - 6:20
Junior BBM Yellow & Orange 6:30 - 7:10	Junior BBM Yellow & Orange 5:35 - 6:10	Junior Novice 6:00 - 6:30	Junior Pre-Masters 5:50 - 6:30	Junior BBM Yellow & Orange 6:20 - 6:55
Junior BBM Green & Up 7:10 - 7:50	Junior Pre-Masters 6:10 - 6:50	Junior BBM Yellow & Orange 6:30 - 7:10	Junior Masters 6:30 - 7:20	Junior BBM Green & Up 6:55 - 7:30
Junior Pre-Masters 7:10 - 7:50	Junior Black Belts 6:10 - 6:50	Junior BBM Green & Up 7:10 - 7:50	Junior Novice 7:20 - 7:50	Junior Novice 7:30 - 8:00
	Junior Masters Brown/AdvBrown 6:50 - 7:30	Junior Pre-Masters 7:10 - 7:50	<b>NEW</b> Family Class All Ages and Belts 7:20 - 8:00	<b>NEW</b> Family Class All Ages and Belts 7:30 - 8:10

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Adult Novice 7:50 - 8:30	Adult Masters 7:30 - 8:30		Adult Novice 7:20 - 8:00	<b>NEW</b> Adult Novice 8:10 - 8:50
Adult BBM 7:50 - 8:50	Adult Nidan + 7:30 - 9:00	Adult Novice 7:50 - 8:30	Adult BBM 7:20 - 8:20	<b>NEW</b> Adult BBM 8:10 - 9:10
Adult Masters Pre-Masters 7:50 - 9:20		Adult BBM 7:50 - 8:50	Adult Pre-Masters 7:20 - 8:20	<b>NEW</b> Adult Masters & Pre-Masters 8:10 - 9:30
		Adult Masters & Pre-Masters 7:50 - 9:20	Adult Masters 8:20 - 9:20	
			Adult Shodan + 8:20 - 9:50	



Adult Sandan + Masters Dojo 1:30 - 2:45	Adult Novice 1:30 - 2:10
Adult Novice 2:45 - 3:30	Adult BBM 1:30 - 2:30
Adult BBM 2:45 - 3:45	Adult Masters & Pre-Masters 1:30 - 3:00
Adult Masters & Pre-Masters 2:45 - 4:00	

Please bring your Sparring Gear when indicated on your monthly calendar.