

# Northern Karate Markham

## 2020 Clean Start Schedule ~ effective July 20th 2020\*

\*subject to change weekly

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:30 - 4:00 Kids Novice	3:30 - 4:10 Kids BBM-1 Group 1 ONLY	3:30 - 4:10 Junior Masters	3:30 - 4:10 Kids BBM-2 Group 2 ONLY	3:30 - 4:10 Junior Masters	10:00 - 10:50 Adult All Belts
4:20 - 5:00 Kids BBM-1 Group 1 ONLY	4:20 - 5:00 Purple & Adv Purple	4:20 - 5:00 Kids Novice	4:20 - 5:00 Junior Masters	4:20 - 5:00 Kids BBM-2 Group 2 ONLY	10:00 - 10:50 Adult/Youth BlackBelts
5:10 - 5:50 Kids BBM-2 Group 2 ONLY	5:10 - 5:50 Brown & Adv Brown	5:10 - 5:50 Kids BBM-1 Group 1 ONLY	5:10 - 5:50 Kids BBM-1 Group 1 ONLY	5:10 - 5:40 Kids Novice	11:00 - 11:30 Kids Novice
6:00 - 6:40 Junior Masters	6:00 - 6:30 Kids Novice	6:00 - 6:40 Kids BBM-2 Group 2 ONLY	6:00 - 6:40 Junior Masters	6:00 - 6:40 Kids BBM-1 Group 1 ONLY	11:50 - 12:30 Kids BBM-1 Group 1 ONLY
6:50 - 7:30 Kids BBM-1 Group 1 ONLY	6:50 - 7:30 Kids BBM-2 Group 2 ONLY	6:50 - 7:30 Kids BBM-1 Group 1 ONLY	6:50 - 7:20 Kids Novice	6:50 - 7:30 Junior Masters	12:40 - 1:20 Kids BBM-2 Group 2 ONLY
7:40 - 8:30 Adult All Belts	7:40 - 8:30 Adult/Youth BlackBelts	7:40 - 8:30 Adult All Belts	7:40 - 8:30 Adult/Youth BlackBelts	7:40 - 8:30 Adult All Belts + Adult/Youth BlackBelts	1:30 - 2:10 Junior Masters
<b>NEW</b> 7:40 - 8:30 Adult/Youth BlackBelts	8:40 - 9:20 Adult All Belts	<b>NEW</b> 7:40 - 8:30 Adult/Youth BlackBelts	8:40 - 9:20 Adult All Belts		

905  
475  
0044

**Welcome back!** Please bear with us while we fine-tune this class schedule to best suit the needs of all our students. We ask you to check the schedule weekly for updates/changes. **All classes will be available inside the dojo and on Zoom.**

We have spaced classes so that all students will have 10 minutes between each class. This will give students time to leave the dojo, and for students beginning class to come into the dojo and set themselves up in their designated 2-metre training area.

We ask each student and all parents to carefully read over the new **Social-Distancing Dojo Guidelines** (available on our [nskmarkham.com](http://nskmarkham.com) website and via email) prior to attending classes. **Compliance with these Guidelines is MANDATORY for each person entering the dojo.**

**Class Legend** **NEW**

- Kids Novice** = white belts
- Kids BBM-1** = yellow belts  
adv yellow belts  
orange belts  
adv orange belts  
green belts  
adv green belts
- Kids BBM-2** = blue belts  
adv blue belts
- Junior Masters** = purple to adv brown belts
- Adults All Belts** = white to adv brown belts
- Adult/Youth BlackBelts** = Shodan and higher